



LAP POOL SCHEDULE

WINTER-SPRING 2019

Effective Dates:

1.1.2019 - 5.31.2019

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
POOL OPENS AT 5:00AM								
5:00								5:00
5:30								5:30
6:00		MASTERS SWIM All Lanes in Use 6:00a-7:00a		MASTERS SWIM All Lanes in Use 6:00a-7:00a				6:00
6:30						POOL OPENS AT 7:00AM		6:30
7:00		Shelton School		Shelton School				7:00
7:30						SWIM TEAM 5 Lanes in Use 7:00a - 9:00a		7:30
8:00							MASTERS SWIM All Lanes in Use 8:00a-9:00a	8:00
8:30								8:30
9:00								9:00
9:30	AQUA DEEP 3 Lanes in Use 9:30a-10:30a	HIIT THE WATER 3 Lanes in Use 9:30a-10:15a	AQUA DEEP 3 Lanes in Use 9:30a-10:30a	AQUA AMPED UP 3 Lanes in Use 9:30a-10:30a	AQUA ZUMBA 3 Lanes in Use 9:30a-10:30a			9:30
10:00						HIIT THE WATER 4 Lanes in Use 10:00a-10:45a	LENNY	10:00
10:30							KRAYZELBURG	10:30
11:00							SWIM	11:00
11:30						SOUTHWEST AIRLINES ALL LANES	ACADEMY 3 Lanes in Use	11:30
NOON								NOON
12:30								12:30
1:00							DEVIL RAYS 5 Lanes in Use 1:00p-2:00p	1:00
1:30						SELECT DATES ONLY		1:30
2:00							LKSA	2:00
2:30						PlayTri 2 Lanes in Use	LESSONS 3 Lanes in Use	2:30
3:00								3:00
3:30								3:30
4:00								4:00
4:30								4:30
4:30	SWIM TEAM/LKSA 5 Lanes in Use	SWIM TEAM/LKSA 6 Lanes in Use (4pm - 6pm)	SWIM TEAM/LKSA 5 Lanes in Use	SWIM TEAM/LKSA 6 Lanes in Use (4pm - 6pm)	SWIM TEAM 5 Lanes in Use 4:00p - 5:45p			4:30
5:00								5:00
5:30								5:30
6:00						POOL CLOSSES AT 5:45PM		6:00
6:30						KEY		
7:00	SWIM TEAM 3 Lanes in Use 7:00p-8:00p	HIIT THE WATER 3 Lanes in Use 7:00p-8:00p	SWIM TEAM 3 Lanes in Use 7:00p-8:00p	AQUA ZUMBA 3 Lanes in Use 7:00p-8:00p				
7:30								
8:00		Fit2Train 3 Lanes in Use 8:00p-9:00p		Fit2Train 3 Lanes in Use 8:00p-9:00p				
8:30						TEXT		
9:00								
9:30								
10:00								
POOL CLOSSES AT 9:45PM								

***THIS SCHEDULE IS SUBJECT TO CHANGE**

Programming with Select Dates Only:

Shelton School: January 1st - February 15th 2019

H2O Float: Thursday, April 18th - Pool will be closed from 7:45pm - 9pm on that date.

Lifeguard Classes: (1-2 lanes may be reserved during class dates) 1/18-20, 1/26-27, 2/8-10, 2/16-17, 2/23, 3/8-10, 3/13-17, 3/22-24, 4/6-7, 4/12-14, 4/28, 5/3-5, 5/11-12, 5/18-19, 5/25-26, 5/31

Southwest Airlines: 1/26, 2/9, 2/23, 3/9, 3/23, 4/6, 4/20, 5/4, 5/18

LAP LANES MAY BE UNAVAILABLE DURING THE FOLLOWING TIMES:

4:30p - 7p (M-F) 6a - 7a (T/Th) 7a - 9:00a (SAT) 8a - 9a (SUN)

For questions or concerns please contact:

Aquatics Director: Sam Neckar

214-239-7198

sneckar@jccdallas.org