



Make your reservations before 10:00 am at 214-239-7183. Menus subject to change.

HOT KOSHER MEALS — JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NEW YEARS DAY JCC CLOSED	2 Orange Juice Mushroom Barley Soup Baked Salmon Rice Pilaf Grilled Zucchini Bread Fruit Cocktail	3 Orange Juice Smoked Salmon Salad Tomato/Lettuce Pickle/Onion Pumpernickel Bread Potato Chips Cherry Crisp	4 Orange Juice Matzo Ball Soup BBQ Chicken Red Potato Salad Sautéed Cabbage Challah Apple Crisp
7 Orange Juice Corn/Red Pepper Soup Chicken Pot Pie Mixed Vegetables Spinach Bread Stewed Apple	8 Orange Juice Vegetable Soup Chicken Fingers Sweet Potato Fries Green Beans Bread Pineapple Crisp	9 Orange Juice Carrot Salad Salmon Wellington Lima Beans Cauliflower Bread Cookie	10 Orange Juice Roast Beef Sandwich Tomato/Onion Pickle Potato Chips Banana	11 Orange Juice Matzo Ball Soup Brisket Potato Kugel Roasted Beets Challah Cake
14 Orange Juice Cauliflower Soup Salmon Croquette New Potatoes Green Beans Bread Mandelbrot	15 Orange Juice Green Salad Chicken Fried Chicken French Fries Green Peas Bread Fruit Jello	16 Orange Juice Split Pea Soup Salisbury Steak Roast Potatoes Carrots Bread Apple Crisp	17 Orange Juice Tuna Melt Tomato/Onion Pickles Potato Chips Banana	18 Orange Juice Matzo Ball Soup Chutney Chicken Rice Pilaf Roasted Beets Challah Fruit Cocktail
21 Orange Juice Minestrone Soup Lasagna Green Peas Garlic Bread Cookie	22 Orange Juice Waldorf Salad Baked Salmon Sweet Potato Zucchini Bread Poached Pears	23 Orange Juice Corn/Red Pepper Soup Oven Fried Chicken Orzo Lima Beans Bread Peach Crisp	24 Orange Juice Hamburger + Bun Sweet Potato Fries Coleslaw Tomato/Onion Pickle Tropical Fruit Salad	25 Orange Juice Matzo Ball Soup Stuffed Cabbage Whipped Potato Spinach Challah Cake
28 Orange Juice Vegetable Soup Spaghetti/Meatballs Mixed Vegetables Garlic Bread Poached Pear	29 Orange Juice Winter Salad Salmon Croquettes Rice Roasted Beets Bread Cookie	30 Orange Juice Mushroom Barley Soup Chicken Schnitzel Baked Potato Ratatouille Bread Apple Crisp	31 Orange Juice Knockwurst Baked Beans Coleslaw Bun Brownie	

This program is for everyone, Age 60+. JCC membership is not required. Complete, nutritious lunch served daily in the Zale Auditorium for a suggested donation of \$3.50 (subsidized by the JCC and Dallas Area Agency on Aging).